



Vernet-les-Bains

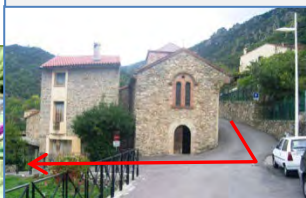
## Casteil - St Martin - Cirerola

4 hours; climb : 600m

1 -The START (car park at the entrance to Casteil)...We follow the road to the right... Bifurcation (village centre on the left): we go straight ahead, on the same road...Bifurcation (animal park straight ahead): we follow our road, which bends to the left.



11 - Casteil village (bars, accommodation, information, animal park). At a bifurcation after a barrier, we go to the left...At a small chapel, we go to the right...We pass through the centre of the village...We return to our point of departure.



10 - Restored chapel (on the right). Viewpoint towards Vernet-les-Bains...The lane descends again...(On the left, the Cady gorge).



5 - Abbey of St Martin du Canigou. (Straight ahead: ticket office, then a viewpoint.) On the right: some steps and a path which climbs again; we follow this path.



7 - Viewpoint, on the left, over the Cady valley.



2 - Bifurcation. We go to the right (sign for "Massif du Canigou").



8 - Bifurcation. We go straight ahead (signpost: "Cirerola")... The path climbs in zig-zags...We cross some wet sections.



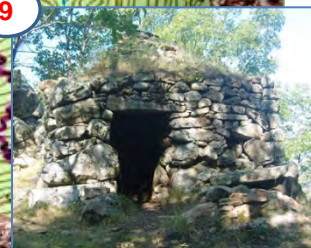
3 - Bifurcation, road and path (car park on the right). We follow the path, to the left...We pass a building (for water treatment).



4 - Bifurcation. We follow the path on the left...The path crosses a footbridge... We climb, in a forest...We follow carefully the yellow waymarks.



6 - Path fork. (On the right (out and back): a magnificent viewpoint over the abbey)...We go to the left, still in the forest.



9 - Cirerola (an impressive dry stone cabin)...We return to the abbey of St Martin du Canigou...We descend on a lane on the right...The lane descends in zig-zags.